



Ref: World Mental Health Day

Dear Parent/Carer,

This year we will be marking World Mental Health Day on the 10th October by wearing our hats for **'Happy Hat Day'**.

Along with teachers and support staff your child/ren will be allowed to wear a hat of their choice to school to show their support for happy and healthy minds.

Hats can be pre-owned favourites at home such as baseball caps, beanies, bobble hats and flat caps or something your child has always wanted an excuse to wear like a seasonal bonnet, superhero hat or even a crown! Hats can be decorated or for the more creative among them, even handmade. Whatever makes them feel most comfortable and happy*

To take part, they simply need to wear a hat and donate £1 each *(50p if from a multiple household where more than 1 child attends an Oasis school)*

All money raised will go towards the wrap around mental health support for children and young people provided by Oasis.

Yours Sincerely

**Hats should not contain any inflammatory or derogatory wording*