

~ 479 Secondary Schools Emergency Menu ~

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
~ Main ~	~ Main ~	~ Main ~	~ Main ~	~ Main ~
Oven Baked Pork Sausage	Plain Omelette (Ready Made)	Minced Beef Pasta Bake	Beefburger	Oven Baked Breaded Pollack
Grilled Chicken Sausage (FFL Halal)	Frozen Diced Potatoes	Whole Green Beans	Lightly Spiced Oven Baked Potato Wedges	Oven Baked Chips
Mashed Potato (Ready Made)	Frozen Broccoli Florets		Sweetcorn	Baked Beans
Garden Peas				Garden Peas
Frozen Carrots				
~ Snack ~	~ Snack ~	~ Snack ~	~ Snack ~	~ Snack ~
Margherita Pizza 12.5" (TuGo)	Margherita Pizza 12.5" (TuGo)	Margherita Pizza 12.5" (TuGo)	Margherita Pizza 12.5" (TuGo)	Margherita Pizza 12.5" (TuGo)
Pasta King: Pasta & Basilico Sauce (15oz)	Pasta King: Pasta & Basilico Sauce (15oz)	Pasta King: Pasta & Basilico Sauce (15oz)	Pasta King: Pasta & Basilico Sauce (15oz)	Pasta King: Pasta & Basilico Sauce (15oz)
Baked Jacket Potato	Baked Jacket Potato	Baked Jacket Potato	Baked Jacket Potato	Baked Jacket Potato
Grated Mature Cheddar Cheese	Grated Mature Cheddar Cheese	Grated Mature Cheddar Cheese	Grated Mature Cheddar Cheese	Grated Mature Cheddar Cheese
Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
~ Dessert ~	~ Dessert ~	~ Dessert ~	~ Dessert ~	~ Dessert ~
Peaches & Custard	Strawberry Fruit Ice-Cream Tub	Chocolate Delight (Gluten Free)	Strawberry Jelly	Apple Crumble & Custard
~ Whole Fresh Fruit ~	~ Whole Fresh Fruit ~	~ Whole Fresh Fruit ~	~ Whole Fresh Fruit ~	~ Whole Fresh Fruit ~
Fresh Apple Green	Fresh Apple Green	Fresh Apple Green	Fresh Apple Green	Fresh Apple Green
Fresh Apple Red	Fresh Apple Red	Fresh Apple Red	Fresh Apple Red	Fresh Apple Red

